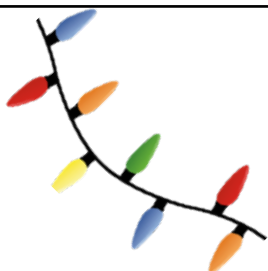




# BAR HILL NEWS

Brought to you by the Bar Hill Residents' Association  
December 2019 Issue 610

## Bar Hill Community Market



## Christmas Market

**Saturday 7th December**  
**In the Church - 10.30am - 2pm**

Many stalls, cakes, homemade crafts  
Refreshments with mince pies and soup at  
lunchtime (served by the Church)  
Find the Snowman hunt for the children at  
the Christmas market.  
For more details contact  
Karen **01954 781085**  
[bar.hill.community.market@gmail.com](mailto:bar.hill.community.market@gmail.com)

Facebook - Bar Hill  
Community Market  
[http://bit.ly/  
BHCommunityMarket](http://bit.ly/BHCommunityMarket)  
Profits from the  
market go towards  
our Community and  
Charity projects.



### Bar Hill Parish Council Update

See **Pages 8 and 9**, includes HGV's in  
residential streets, and Winter Maintenance



### Shaping The Future of the NHS

Don't miss your opportunity to have your say  
on the future of NHS services as part of The  
Big Conversation.

Funding for healthcare is under pressure.  
More people are using NHS services, and  
resources are increasingly limited. At the  
moment, the NHS is buying more than it can  
afford which means that some difficult  
decisions need to be made about the  
services it can afford to provide in the  
future.

The Big Conversation has been created to  
help Cambridgeshire and Peterborough  
Clinical Commissioning Group (CCG), who  
buy the healthcare services in the local area,  
to understand what is most important to the  
local community. Feedback received will be  
used to create a set of principles that will  
inform future plans and help shape our NHS.  
Local residents can give their feedback by  
completing a short survey online at [https://  
bit.ly/NHSBigConversation](https://bit.ly/NHSBigConversation) (which also gives  
you more information about the Big  
Conversation).



### Christmas Services at Bar Hill Church

Details on **Page 6 and 7**.



### Bar Hill Primary School are collecting vouchers!

See **Page 2** for information.

Deadline for next issue is 15th of the month (although the earlier the better!), please send  
submissions to [bhneditor@yahoo.com](mailto:bhneditor@yahoo.com) or see inside for other contacts.

## - BAR HILL RESIDENTS' ASSOCIATION -

### 2018-19 COMMITTEE:

Chair	Roger Hall	01954 780 304	
Vice Chair	Kate DaCosta		<a href="mailto:kjdacosta@outlook.com">kjdacosta@outlook.com</a>
Secretary	Karen Hayden		<a href="mailto:barhillresidentsassociation@gmail.com">barhillresidentsassociation@gmail.com</a>
Treasurer	Anne Bensted		<a href="mailto:ab10034@cam.ac.uk">ab10034@cam.ac.uk</a>
Data Prot. Officer	Richard Hayden	07462 724 706	<a href="mailto:rxh321@gmail.com">rxh321@gmail.com</a>
	Bunty Waters	01954 201 421	<a href="mailto:bunty.waters@ntlworld.com">bunty.waters@ntlworld.com</a>
	Mike Nelson		<a href="mailto:mike@machineconcepts.co.uk">mike@machineconcepts.co.uk</a>
	Jo Hall	01954 780 304	
	Hilary Whipp		<a href="mailto:hilary.whipp1@gmail.com">hilary.whipp1@gmail.com</a>
	Laura Chapman		<a href="mailto:laura.katy.foster@gmail.com">laura.katy.foster@gmail.com</a>
	Amber Neale		<a href="mailto:amberscott2015@gmail.com">amberscott2015@gmail.com</a>
Magazine Editor:	Andy Pellew	07814 871752	<a href="mailto:apellew@gmail.com">apellew@gmail.com</a>
Advertising Co-ordinator:	Anne Bensted		<a href="mailto:ab10034@cam.ac.uk">ab10034@cam.ac.uk</a>

The objectives of the Association are to act as an intermediary between residents and other parties, to keep residents informed of matters of importance around the village, and to promote the interests of Bar Hill.

Opinions expressed in this publication are not necessarily those of the Association.

Anonymous letters will not be published. Names and addresses may be withheld.

### ADVERTISING RATES

Please see the Bar Hill Residents Association Facebook Page ([facebook.com/barhillra/](https://facebook.com/barhillra/)) or contact the Advertising co-ordinator (see above).

### EDITORIAL

There is no charge for Articles, What's On, For Sale or Lost and Found. These appear at the Editor's discretion. Please submit items by 15th of the month. [Items offered For Sale will be advertised in two consecutive editions, so please let the Editor know if the item(s) sell.] All items can be submitted electronically on disk or to [bhneditor@yahoo.com](mailto:bhneditor@yahoo.com).



**Bar Hill School have signed up for The Sun Books for Schools.** If we can collect 3,500 tokens during the promotion we can claim 105 FREE books for the School worth over £600.00! If you can spare tokens from The Sun and The Sun on Sunday between 23rd November 2019 and the 18th January 2020 please hand them into the School Office, we'd be very grateful. Many thanks in advance for your support.

## AIRPORT CARS CAMBRIDGE



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## TELL US YOUR VIEWS

Prize draw to win £100 of high street shopping vouchers

Complete the survey by:

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**07377001512**

online:  
**WWW.SMARTSURVEY.CO.UK/S/FUTUREBUS**

Survey Deadline

**SUNDAY 15TH DECEMBER**

## BIN COLLECTION

Here are the dates for the next few weeks  
bin collections for Bar Hill;

	Black	Blue/ Green
Thu, 28 Nov 2019	✓	
Thu, 5 Dec 2019		✓✓
Thu, 12 Dec 2019	✓	
Thu, 19 Dec 2019		✓✓
Sat, 28 Dec 2019	✓	
Sat, 4 Jan 2020		Blue Only
Fri, 10 Jan 2020	✓	
Thu, 16 Jan 2020		✓✓
Thu, 23 Jan 2020	✓	
Thu, 30 Jan 2020		Blue Only

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## SING IT OUT

### COMMUNITY CHOIR

Weekly on Mondays From 7.30 - 8.30pm in  
the Octagon

If you enjoy singing popular songs/musicals  
then you will be very welcome to join us.

If you need more information please email  
Mel Stamp at [singitout@virginmedia.com](mailto:singitout@virginmedia.com)



## Ash Croft Veterinary Surgery

### HARDWICK

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Saturday - 9.00 to 11.00am

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## LETTERS TO THE EDITOR

### Dear Editor,

The Royal British Legion would like to say thank you to all those who attended the Remembrance Service especially to the Uniformed Organisations the girls and boys did their units and their parents proud. We were all moved by Thomas's poem.

Wendy Arrowsmith,  
Secretary of The Royal British Legion

### Dear Editor,

I wish to thank the PTA and other collectors like Harris and Hoole for the fantastic Firework Display and various food outlets. It is very nice to see the event back after a few years. It was very well organised. Thanks to all the collectors that were collecting after the event.

Mrs. Cheryl Gresswell, Foxhollow

### Dear Editor,

Gail and Richard would like to thank all of our visitors who joined in with the halloween fun.

Many thanks for helping raise £140 for the cardiac unit at Addenbrook's.

Also a huge thank you to Steve, Tony, and Magda, without whose help it would not have been such a great success

Thank you,  
Gail and Richard

### Dear Editor,

On behalf of Bar Hill School PTA, we would like to say thank you to Bar Hill Residents Association, Strutt and Parker, Cambridge Buses, Bar Hill Motors, Harris and Hoole, Hockey's, Cambridge Arts Services, Bar Hill Sports and Social Club, Cambridge Print Solutions, and the A14 Team for their generous donations towards our annual Community Fireworks display.

It's with the help and support of the community that we have been able to put on this display, and hopefully will be able to continue doing so in years to come.

Thank you once again,  
Emily Spenceley, Bar Hill School PTA Chair

### Dear Editor,

We would like to thank Bar Hill Colts for the very kind donation of £86.40.

The money was the result of funds raised on Fete day. This is much appreciated and will be put to good use. We will let them know in due course, on how we spent it.

Thank you,  
Ruth Wright, Bar Hill Scout Group

### MEMORIAL GARDEN

The garden is a community space for the whole village to use and enjoy, if anyone would like to contribute to the upkeep donations would be very welcome. Please feel free to help keep the garden tidy if you are visiting! Cambridge Building Society, Bar Hill A/C No; 1768402740



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## BAR HILL HEALTH WALKS

Free Every Wednesday Morning

Meet at Maple Surgery at 10.30am

Our walks are all weather (in case of rain you will find us under the Church porch), free, and accessible to all, particularly those who are currently inactive.

Walks are 45–60 minutes long, and led by trained Volunteer Walk Leaders. Shorter walks may be available; contact Josephine to discuss.

We meet locally after the walk for a hot drink and a chat. This is usually in the library, but may sometimes be at Costa, Tesco, or the Fox.

If this is your first walk please arrive 10 minutes early to complete a short health questionnaire. Copies are available on the PPG noticeboard in Maple Surgery, and at [www.walkingforhealth.org.uk](http://www.walkingforhealth.org.uk).

Contact: Josephine Powell T: **07901 558108**; E: [jopowell45@hotmail.com](mailto:jopowell45@hotmail.com).



## SEWING SERVICE

If you have a sewing job you can't face, call Lyn on **01954 201113**.

## SPORTS & SOCIAL CLUB

The Sports and Social Club is situated on the top floor of the Village Hall. You can watch live sports on our two large HD TV screens, play pool, darts, skittles, cribbage, or enjoy a drink in our quiet lounge bar. Food available Friday & Saturday 4–10pm; Sunday 2–8pm.



### Upcoming Events

**Sat 7th Dec:** Italian food night, £12 per person. Tickets available from the bar.

**Fri 20th Dec:** Xmas Raffle from 7.30pm

**Xmas Eve:** disco from 8pm

**New Year's Eve:** disco from 8pm and the 'Last Man Standing' in the village hall between 6 & 11pm. As always children are welcome in the club all night to celebrate the end of the year but will need to be supervised if they go downstairs to the hall. Looking forward to seeing all the club's members over the festive season and we already have lots planned for 2020!

Members treasure chest draw nights are on the 14th and 28th of December.

## Over Day Centre

The Over Day Centre Association provides care catering to individual needs, in a friendly, engaging and health & safety conscious environment.



We support individuals to maintain social interaction and to stay as independent and active as possible with opportunities to make new friends and participate in enjoyable activities. The service provides much needed support and respite for families caring for a loved one.

Currently it costs £21 per day to attend including a hot 2-course lunch and all drinks and morning & afternoon snacks. The minibus (with wheelchair lift) will collect from home at no charge.

For further information please contact The Over Day Centre Association on **01954 231807** or email [care@overdaycentre.co.uk](mailto:care@overdaycentre.co.uk)

## Services during December

Sun 1 December	10:00 am	Advent I Café Church All Together Worship
	6:00 pm	Informal Worship
Sun 8 December	10:00 am	Advent II Holy Communion (Anglican)
Thu 12 December	2:30 pm	Christmas Songs of Praise (in the Octagon)
Sun 15 December	10:00 am	Advent III Gift & Crib All Together Worship
Sun 22 December	10:00 am	Morning Worship
	6:00 pm	Carols by Candlelight
Tue 24 December	4:00 pm	Christingle Service
	11:30pm	Midnight Holy Communion
Wed 25 December	10:00 am	Family Worship
Sun 29 December	10:00 am	Morning Worship

## Social Calendar for December

Note that none of the weekly events listed below will take place on Christmas Day, Boxing Day or New Year's Day.

Olive Tree Bereavement Support Group Saturday 14 December, 10:30 am to 1:00 pm in the Meetings Room. Bring and share lunch.

Knit & Natter every Thursday 1:15-3:00 pm in the Octagon. Contact Sue 01954 780260.

Coffee Stop every Wednesday 10:00 am to noon in the Library. Contact Sue 01954 780260.

Art Group every Wednesday 1:30-4:00 pm in the Octagon (Contact Jan 01954 201495)

Messy Church will not take place in December. Please look out for dates in the New Year. Contact Peter by text 07586 249966.

Bring Your Own Craft Group will not take place in December. Please look out for dates in the New Year. Contact Karen 01954 781085.

Open Prayer every Thursday morning in the Worship Hall 9:15am-10:00am.

Contact Ginny 01954 789206.



Come and join us for any of our Christmas services, especially the Carols by Candlelight service in the evening of Sunday 22 December.

## Some January dates

Coffee Stop resumes on Wednesday 8 January.

Knit & Natter resumes on Thursday 9 January.

Olive Tree resumes on 11 January and monthly meetings will now take place on the second Saturday of the month.

Music for Meditation

Sunday 19 January, 7:00-7:30 pm.

No words - just half an hour of calming music, with candles and cake.

All welcome.

Service of Remembrance (for loved ones who have died)

Sunday 26 January 2020 at 18:30. A peaceful service in which you may light a candle in memory of someone you have lost.

## Church Contacts

Church Office      Ian Pryke      01954 206120

[office@barhillchurch.org.uk](mailto:office@barhillchurch.org.uk)

Minister            Rev Charles Mather 01954 277119

[Charlesmather20@yahoo.com](mailto:Charlesmather20@yahoo.com)

Address            Bar Hill Church Centre, Hanover Close, Bar Hill, Cambridge  
CB23 8EH

Website            <https://barhillchurch.org.uk>

Facebook          <https://facebook.com/barhillchurch>



## BAR HILL PARISH COUNCIL

Parish Council Office, Hanover Close, Bar Hill. CB23 8EH

01954 780456 - [clerk@barhillpc.org.uk](mailto:clerk@barhillpc.org.uk)

Chairperson: [bunty.waters@barhillpc.org.uk](mailto:bunty.waters@barhillpc.org.uk)



On behalf of everyone at the Council I wish you all a happy Christmas and New Year. We also take this opportunity to thank all the residents who have shared their ideas and input to the work of the Council over the last year.

### **Bunty Waters (Chair)**

The Parish Council has taken on board residents' concerns about the little wooded area at the back of The Mall and in front of the Medical Centre which belongs to Tesco. Their maintenance contractors have undertaken some work but we are still trying to persuade Tesco to instruct their contractors to make further improvements.

**Dog Fouling.** Firstly, thank you to the many of you who clear up after your pets and use the dog bins that are dotted about all around the village. The District Council, who are responsible for emptying litter and dog bins, and street cleansing, have advised that they will accept dog waste in the general street waste bins. The Parish Council has now put in a bid for a grant for 4 new dual bins, as you see in Cambridge; one part being for recyclable materials such as paper, cans and bottles and the other for general waste which is not recyclable. Councillors do urge everyone to recycle as many items as possible including avoidance wherever possible of single-use plastics. <https://www.scambs.gov.uk/media/13378/what-goes-in-which-bin-page.pdf>

**Jubilee Park.** Landscaping and planting up of the land behind the young people's sport and activity equipment will be taking place over the next few weeks. Councillors are most grateful to the Community Markets who have very kindly made a generous donation of £200 towards this project to mark their 10th Anniversary. We wish them success for many years to come.

**Play Areas.** Wicksteed will be attending very soon to replace broken swing seats and repair

safety surfacing. The Council is working with Kompan regarding the persistently broken hammocks at the teenage shelter.

**HGVs in residential streets.** The Parish Council is aware of the inconsiderate behaviour of some HGV drivers that enter the residential areas and even park up for the night. This is a real nuisance in so many respects, not least when there is no turning space and the wheels of the artics wipe out verges, gardens and roundabouts.

The Parish Council has no enforcement powers to directly stop this activity but is doing all it can with the responsible agencies.

It is working with the County Council Highways Department and hopes to be able to erect highway signs – 'Unsuitable for Heavy Goods Vehicles' at the village residential walls on Saxon Way and Crafts Way fairly soon. At a cost of over £1000 we sincerely hope this will be an effective measure.

In the meantime those lorry companies do not like their drivers causing a nuisance and certainly not damage. Take the registration number and name and contact details on the lorry and make the call straight away. You should not engage in speaking to the lorry drivers to ask them to move on.

The Police are aware of our problems and the PCSO does keep an eye on the village and speaks to lorry drivers when he can but we understand a taxed vehicle parked on public highway is not necessarily breaking the law so prosecution is not an option. Unfortunately it is harder to reach out to the overseas lorry companies.

The Parish Council has a standard letter it will send to lorry companies if you are able to email the details, together with photographic evidence including registration plate if possible, to [clerk@barhillpc.org.uk](mailto:clerk@barhillpc.org.uk) Sadly, we do rely on the courtesy and respect of the drivers and their companies in this matter.





## BAR HILL PARISH COUNCIL

Parish Council Office, Hanover Close, Bar Hill. CB23 8EH

01954 780456 - [clerk@barhillpc.org.uk](mailto:clerk@barhillpc.org.uk)

Chairperson: [bunty.waters@barhillpc.org.uk](mailto:bunty.waters@barhillpc.org.uk)



### **Something you want to tell the Parish Council.**

Please contact your local Councillor or contact the Parish Council Office which is open Monday to Wednesday 10am to 12noon, or simply call in to one of the Councillor Drop-in sessions which are the last Monday in the month excluding bank holidays.

**Report broken/missing street name sign, dog fouling, missed refuse collections, housing and benefits** to South Cambs District Council Tel 03450 450500 <https://www.scambs.gov.uk/report/>

**Report a faulty streetlight or overgrown trees blocking light with lamp reference number** <http://www.lightingcambridgeshire.com/contact-us/report-fault.htm>

**Report road and footway damage** <https://www.cambridgeshire.gov.uk/residents/travel-roads-and-parking/roads-and-pathways/roadworks-and-faults/>

**Purchase of Freeholds** In the first instance please contact the Parish Council Office by telephone or email or attend in person during opening hours.

Fees are charged to cover legal costs only; the Parish Council receives no monies.

### **Residents are kindly asked not to leave items they no longer want on parish land.**

We get complaints of white goods, building materials, wood and smaller household items left on areas that should be for the amenity enjoyment of all residents. This nuisance activity includes leaving household items and bags of rubbish beside the street bins. Contact South Cambs District Council if you need items collecting that won't fit in one of your bins! <https://www.keepbritaintidy.org/faqs/advice/fly-tipping-and-law>

**Autumn/Winter Maintenance** The final grasscut of the season took place week commencing 4 November and will resume

next March/April depending on weather. Councillors thank the Cricket Club for all the extra cuts its members undertook on the village green through the summer for games and the enjoyment of everyone. The Council is contributing to the new cricket pad which the Cricket Club is having installed after the Council expanded the play facilities to include the Tegttable on the old cricket pad. We understand this should be ready for the season next year and will be another valuable asset for our community to enjoy.

**Tree works contracts have been finalised and works on trees, hedges and shrubs will start in November.** The Ranger service will continue with general and small works, focussing on cutting back of encroaching vegetation on the paths. Contractors have been instructed for further tidying of vegetation by Hollytrees stream focussing on the areas that were not included in the extensive improvements to the stream in the Spring.

As ever, please will residents ensure they keep their trees, hedges, shrubs, including brambles and weeds, from overhanging footways, greenspaces and roads to prevent obstruction/nuisance to users. Please cut back to your own boundary line and dispose of your cuttings in the recycling system. This includes the narrow gap the other side of your boundary fence abutting paths. <https://www.scambs.gov.uk/planning/natural-historic-and-built-environment/natural-environment/trees-hedgerows/trees-in-and-around-my-property/>

If you have concerns about trees/shrubs on parish land please complete the form and submit to the Parish Council office for assessment and review for future maintenance programmes. <https://www.barhillpc.org.uk/forms/>

Bar Hill Parish Council actively promotes the benefits of recycling around the village.

Thank you to all residents for continuing to recycle whenever and wherever possible.

## NWR CONNECTING WOMEN WHO ARE INTERESTED IN EVERYTHING AND TALK ABOUT ANYTHING

NWR is a national women's organisation with members who enjoy lively conversations both serious and light-hearted. It is for women of all ages who like to be informed and share ideas by actively participating in the content of meetings. We promote friendship and self-confidence for lively minded women. We invite you to join us. Come along to one of our meetings – you'd be very welcome.



**12-DEC: BAG LADY** - Christmas meeting with mulled wine and nibbles. Bring with you 3 items, in a bag, for the group to identify the owner.

**02-JAN: ANTI BUCKET LIST** - What 5 things do you definitely NOT want to experience before you die.

**16-JAN: ROYAL CONSORTS** - Research heritage, any scandal, connections to royals etc.

**30-JAN: FUTURE of WOMEN'S ORGANISATIONS** - Are they a thing of the past, is there a need for them, do they fulfil a role in society etc.

The Bar Hill group meets in members' homes on alternate Thursday evenings at 8pm. We pay an annual fee of £23 and just £1 per meeting to cover local costs.

For more information please call Karen Hayden (Local Organiser) on **07900 803600** or Kaye Fuller (Deputy) on **01954 782403**.

NWR can also be found on [www.nwr.org.uk](http://www.nwr.org.uk). Why not have a look!

**FOR SALE: "Tripp" large, expandable wheeled (2) suitcase 30"x19"x12"**. It also has 2 front lockable pockets. Colour red. As new, only used once. Bargain at £20. Phone: **07950 583063**

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## HEALTH & WELLBEING CLUB

Held on the second Tuesday of the month between 2–4pm in Tesco Community Room. Focusses on aspects of promoting and maintaining good health in every area.

We start with a chair based exercise activity followed by advice from Tesco's departments.

This is a unique and friendly group and is an ideal place to meet new people.

For further information, contact **Wendy Arrowsmith** on **01954 781381**.

## THE ROYAL BRITISH LEGION

We meet on the 4th Thursday of each month in the Meeting room of the Octagon at 7.30pm. You do not have to have served in the Forces to join the Legion. If you would like to find out more about the Royal British Legion in Bar Hill please contact either Malcolm Cox on **01954488657** or Wendy Arrowsmith on **01954 781381** or come along to the next meeting.



## HAPPY HOURS, Monday Club

Our Club meets on most Mondays in the Octagon building of Bar Hill Church and runs from 11am until 3pm with coffee, tea and light lunches.

Our Winter lunch time menu starts in

October and consists

of soup and a roll or

baked potato with butter (at £1.50 each) or filled baked potatoes (cheese, tuna mayo or baked beans at £2.50) or a ploughman's lunch (at £2.30 each).

Our aim is to provide friendship and companionship so why not come along and give us a try. You can have a good old natter, a game or two, or enjoy our other various activities. We would welcome new members.

### Coming up:

**02-DEC:** Christmas Arts and Crafts

**09-DEC:** Club members only, pre-booked – Christmas dinner

There is no meeting on the 16th, 23rd or 30th December

Happy Hours starts again on the 6th January.

**06-JAN:** Bingo and a Quiz

**13-JAN:** TBA

**20-JAN:** TBA

**27-JAN:** TBA

Wishing you all a very merry Christmas and a Happy New Year!

Anne Plumb, **01954 780364**



## WILDLIFE TRUST

### Huntingdonshire Local Group

#### An Evening with Mike Dilger

Come along for an entertaining evening with Mike Dilger on Wednesday 11th December 2019 at 7.30pm.

Mike is a well-known face as a wildlife presenter, making regular

appearances on the BBC's One Show and Inside Out. We are expecting this to be a very popular talk and would ask people to book in advance by contacting Alistair Grant on [alistairgrant@hotmail.com](mailto:alistairgrant@hotmail.com) or 0777 5365507.



### Fascinating Fungi – An Introduction to Mycology

The Huntingdonshire Local Group of the Wildlife Trust invites you to this illustrated talk, which will be given by Peter Walker on Wednesday 9th January 2020.

Peter has a wealth of knowledge on this subject and he will present an absorbing talk about these diverse organisms that often appear only transiently, maybe for as little as a few days, before disappearing again to spend most of their lives hidden underground.

Peter will tell us about the identification, habitat, biology and uses of fungi. This should be a fascinating talk that will be of interest to many.

Both events will be at Brampton Memorial Hall, Thrapston Road, Brampton, PE28 4TB starting at 7.30pm.



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**Bar Hill Pre-School**

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We offer childcare Monday to Friday  
9am-3pm, term time, for children aged 2-5  
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activities for children to learn and develop  
skills through play, in an inviting  
environment.

Our key-person and buddy system ensures  
every child is well supported by qualified  
staff who have a wealth of experience.

We work in partnership with parents and our  
online learning journals supports this by  
providing families with regular information  
on their child's development and next steps.  
Parents can upload evidence from home  
and add comments too.

This month, we have continued to use the  
falling leaves, conkers and seasonal  
pumpkins in our activities and on the display  
boards. Now we are turning our focus to the  
National nursery rhyme week, which covers  
five well-known rhymes to aid the children's  
development and learning.

Are you looking for a preschool placement  
for your child next year? We are now taking  
applications for places at Bar Hill Preschool,  
starting from September 2020.

If you are interested, please call us on **01954  
782892** to arrange a visit or see our website;  
[www.barhillpreschool.co.uk](http://www.barhillpreschool.co.uk)  
for more information.



## Cambs Property Bureau

Looking for a property to rent?  
Want to rent out your property?  
Call us on **01954 260200**

Email: [enquiries@cpbm.co.uk](mailto:enquiries@cpbm.co.uk)  
[www.cambspropertybureau.co.uk](http://www.cambspropertybureau.co.uk)

Address: Unit 9, Highgate Farm,  
Over Road, Willingham  
Cambs CB24 5EU

### Comberton Ramblers

If you like walking and enjoy the countryside  
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Comberton Ramblers walk an average of  
5-6. miles every fortnight on a Sunday.

To view our walk programme + photos  
please go to our web-page.

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So why not give us a try, you'll have the  
benefit of an exhilarating walk plus the  
companionship of a group of like-minded  
people .

For more information please contact the  
Secretary Stella **01954 210049**, or  
[stella.ramblers@hotmail.com](mailto:stella.ramblers@hotmail.com)

### Bar Hill Fete and Festival 2020

Saturday 4th July with an American theme.  
Planning is well under way but any help is  
always appreciated! Our next meeting is on  
Wednesday 11th December at 7.30pm in the  
social club, please come along with your  
ideas or just to see how you can get  
involved. If you are unable to make it to the  
meeting and have any suggestions please  
email [sarah.whitfield8@gmail.com](mailto:sarah.whitfield8@gmail.com).

### WANTED: Occasional Dog Walker

A caring and responsible person to help with  
some occasional dog walking.

If interested please phone **01954  
789243** Evenings/weekends





I wish all residents a very happy and peaceful Christmas and a successful and joyful New Year

### **Debating the next LOCAL PLAN**

The start of a six week consultation to help create “the most important document most people have never heard of” will launch in January after a

consultation.

The ‘first conversation’ will launch on 13 January after councillors agreed it was better to run the consultation after the Christmas and New Year festive season to make sure as many people as possible talk to the councils about their views.

The new joint Local Plan for Cambridge and South Cambridgeshire will ask questions about climate change, nature, wellbeing and equality to help inform important decisions on where new homes will be built, jobs located and the facilities and services that will be needed.

It is expected to take around four years to create the next Local Plan and the consultation in January is the first step to help local people get involved the whole way through.

The date for the Issues and Options consultation was agreed after councillors at both councils debated the report at meetings this week.

The two councils’ current Local Plans, which were given final approval in 2018, set out how the two areas will be developed up until 2031, with 33,500 new homes to be built and 44,000 new jobs to be created.

Some of the key themes already emerging for the new joint Local Plan, to 2040 and beyond, include:

- Responding to climate change
- Increasing biodiversity and green spaces
- Promoting wellbeing and equality
- Delivering quality places

These themes help to shape the heart of the Local Plan – decisions about future jobs and employment, homes and infrastructure – including transport links, schools, health and utilities.

A new website is being created to help people get involved more easily. This will also mean people can comment on the issues that they are more concerned about.

More information on the emerging joint Local Plan can be found by visiting [www.scambs.gov.uk/greatercambridgeplan](http://www.scambs.gov.uk/greatercambridgeplan)

### **Foodbanks**

Foodbanks help provide emergency food supplies to people in poverty, be that through illness, disability, family breakdown or the loss of a job. The foodbank that covers South Cambridgeshire is called the Cambridge City Foodbank. The first step to receiving an emergency food supply from a foodbank is to receive a foodbank voucher from a local agency, such as Citizens Advice, Children's Centres or Health Visitors. Contact the Cambridge City Foodbank on [info@ccfb.org.uk](mailto:info@ccfb.org.uk) or call 07772538628 and they will be able to talk you through how to get a foodbank voucher from a local agency.

### **Recycling Your Christmas Tree**

For a donation, Arthur Rank Hospice Charity will collect your tree on 9, 10 or 11 January if you live in postcode areas including CB23. See [www.arhc.org.uk/treerecycling.asp](http://www.arhc.org.uk/treerecycling.asp) to register.

### **Job Vacancy: Assistant Manager at Bar Hill Sports & Social Club**

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Previous bar/cellar experience preferable

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The Friends of the Rosie Hospital are helping to make the Rosie a more comfortable environment for mothers and babies. For up-to-the minute information follow Rosie in Stitches facebook page.

You can shop from us at the

**Tea Bar, Rosie Hospital**

**Outpatient Clinic**

Monday to Friday  
9am to 4pm

**Bar Hill Community Market**

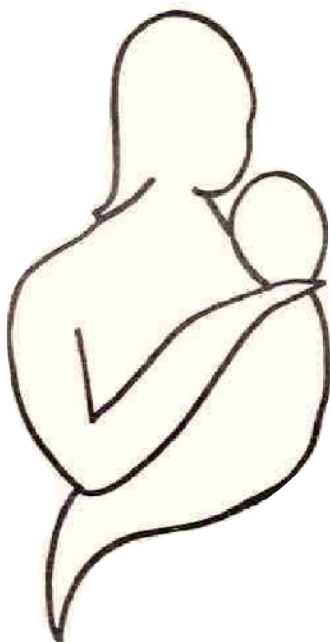
Saturday 7th December 10.30am to 2pm  
Selling toys and gifts for all ages

**Cambourne Business Park - Christmas Market**

Tuesday 10th December 4pm to 8pm  
selling toys and gifts for all ages

New members are always welcome, whether to contribute financially, to join our team of knitters, provide transport for our volunteers, display a small selection of our wares or to help on the Rosie tea bar. Contact Mary Sanders on **01223 356615**.

Supporting Friends of the Rosie Hospital doesn't have to cost you anything. 4,000



shops and sites will donate to us every time you use easyfundraising to shop with them! Getting started is easy – just download the #easyfundraising App on your mobile. Simply open the App, find the retailer you want to shop with and then shop as usual. Tell your friends about easyfundraising. Be a part of something special, sign up to support Friends of the Rosie Hospital, Cambridge, England today.

You can raise funds by using the Easyfundraising search site at <http://forh.easysearch.org.uk>

Thank you for your continued support

## Utilities Discount

Those who are disabled/receiving pension credit can also receive a discount off their utilities and phone.

BT offers a service for low income and disabled customers for a reduced line rental of only £5.10 a month it is called BT Basic.

British Gas also offers an energy rebate (around £100 a year) for low income/disabled customers as do the other "Big Six" energy companies it is worthwhile phoning your energy company today.

Your energy company is also obligated to tell you your cheapest tariff if asked.

Finally you have the option to switch your telephone, insurance and utility providers. Uswitch offers a freephone service on 0800 051 5493 to help you switch easily (other switching providers are available).

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Contact Jean: **07841 397 338**, Catholic Eucharistic Minister. Associate Member of the Hospice Chaplaincy Team.

#### ROSARY

We are a friendly rosary group that would love to invite everyone to pray together rosary on Fridays at 2pm in the Octagon (TTO). All materials provided. We are meeting on 6th December in a different venue, though.

Merry Christmas to everyone who has joined us this year and might come next year! May

the Christ Child bless you with peace and joy.

Agnes and Mary

#### The Catholic Church Serving Bar Hill

Hills Road, Cambridge

Parish Priest: **Fr Adrian Gates** (Hospital Chaplain (Resident in Ditton)  
[adrian.gates@rcdea.org.uk](mailto:adrian.gates@rcdea.org.uk), 01223 622690)

Contact: **Bunty Waters** (Tel: 01954 201421)

Mon, Wed, Thur, Fri 8am & 12.15pm

Tuesday 8am & 7.30pm

Saturday 6pm: First Mass of Sundays  
Masses in the Parish Church in Cambridge;  
also 5pm at Cambourne and **6pm at The Octagon, Bar Hill.**

Holydays of Obligation 8am, 10am, 7.30pm

#### Sacrament of Reconciliation

Tuesday 6.45pm (not after Mass)

Saturday 10.30 - 11.15am, 4.30 - 5.15pm.  
7.00 - 7.45pm

Details of other services are published in a weekly newsletter available at the 6pm Mass each Saturday. Copies are also available in the Church Centre.

### BAR HILL BOOK CLUB

Meets last Tuesday in the Month at 7.30pm in the Bar Hill Sports and Social Club.

Please join our friendly group, we offer a lovely welcome, good company and great book choices. Let me know if you would like to join us and I will arrange a warm welcome.

[sheilafarrar@hotmail.co.uk](mailto:sheilafarrar@hotmail.co.uk) or **07920 558319**

### FOR SALE: Smart car (City Pulse 61 semi auto),

year 2005, colour lime green. 698cc, 63,202 miles on the clock (re-con engine in 2014), no MOT. Good condition, clean throughout (ideal for runner around or project).

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## Community Primary School

All staff and children have been working very hard and as always there is lots going on at Bar Hill Primary School!

Children were very excited, taking part in the Joe Wicks Big Move to raise money for Children in Need on the 15th November. All classes have also been undertaking activities associated with anti-bullying week, including wearing odd socks to school! Miss Brunner is leading a new initiative to help the children develop a healthy lifestyle, including healthy eating.

On the 7th November, three Y4 children travelled to Downham Feoffes Primary to take part in a reading competition. They worked brilliantly as a team, winning the first round and only narrowly missing out on first place by half a point! Huge congratulations to all concerned.

## Bar Hill PTA

The PTA is very active in fund raising for the school. We are always looking for new members. If you would like to join us please contact [PTA@barhillprimary.org](mailto:PTA@barhillprimary.org).

Upcoming events:

- Every Friday after school in the playground tuck shop and second hand book stall
- Christmas raffle. Tickets will go on sale before October half term and will be drawn Friday 13th December.

We are looking for donations of books, toiletries, anything for hampers! Please drop off in the office FAO PTA or email, as above, and we can collect.

## Bar Hill Twixmas Party!

Seniors, that's over 55s of Bar Hill, you are invited to a Twixmas party in Bar Hill Church, Octagon building, on Saturday December 28th from 1.30pm til 3.30pm. A party buffet, 60s music, dancing and, maybe, party games. A chance to get together with old friends and/or make some new ones.

This event is the first joint venture by Knit and Natter and Happy Hours and is free but donations can be made. If you would like to attend please call Sue Kenchington on **01954 780260** to book your place.

## CHRIS'S BIKES

Bar Hill's local cycle centre

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I am on the DBS Update Service, so no need for new checks.

Contact me at [ashleymbellaf@gmail.com](mailto:ashleymbellaf@gmail.com) or **07432 015314**. Rates: £15 per hour.

## FOR SALE: Solid Wood Double Bed Frame (No Mattress)

Dark-ish. £25 ono. **07878 651022**

## PLAYPALS BABY AND TODDLER GROUP

Meets Wednesday and Fridays (term time) at the Octagon from 09:45 to 11:15.

Under 1's - £1.50, Over 1's - £2.50, Family - £3.50. Your first session free!

Any questions email [playpals.barhill@gmail.com](mailto:playpals.barhill@gmail.com)



## FOR SALE: 2 cotton sleeping bags

Excellent quality £10 each

2 white cotton bathrobes - excellent quality £10 each. **01954 201378** (The Spinney)

## Let's Stamp out Leprosy

It takes seconds to rescue a used stamp from an envelope destined for the bin but, by doing so, this devastating and needless disease can be tackled more effectively.

- Leprosy is a mildly infectious disease
- If caught early, it can be cured very simply with drugs
- Untreated it causes crippling disabilities and blindness
- About 4 million leprosy-affected people worldwide
- The Leprosy Mission works to detect cases early and provide treatment
- In the last 30 years they've raised 30 million pounds from collectables:
  - Stamps of all descriptions, GB and foreign (even the very common ones)
  - Postcards (GB and foreign, posted or unused)
  - Coins and bank notes
  - Medals

With Christmas cards arriving, please save stamps and help stamp out this needless disease. Trimmed stamps (leave about 2mm border) and other donations can be left in a box in the library, the church letter box or the church vestibule.

Please join in!



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**PLEASE SUPPORT YOUR LOCAL  
POST OFFICE**



## Bar Hill Neighbourhood Watch

*working for a safer community*



To contact Neighbourhood watch please email [nhwinbarhill@yahoo.co.uk](mailto:nhwinbarhill@yahoo.co.uk)

To keep up to date on the latest developments please join us on facebook: <http://bit.ly/FBBarHillNHW> (or search for "Bar hill NHW")

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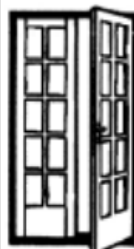
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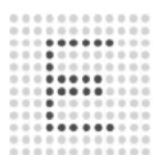
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## FEN DRAYTON BOWLS CLUB

The Club was founded in 1991 and is based at the Village Hall, Cootes Lane, Fen Drayton. We have 18 members and are affiliated to both the Cambridge and District Bowls League and the Cambridge Short Mat Bowls Association.

At present we are playing short mat bowls indoors being the Winter season which started in September. We have two teams of 6 players in 'The Lions' and 'The Tigers'. The Lions were promoted to League 1 this season having come top of the lower league last season. The outdoor bowls season starts in May and the green is at the rear of the Village Hall. We have 12 players who play in the outdoor league.

During the respective season 'roll-ups' practice time is on Monday and Friday evenings. You are very welcome to join us! We are a friendly group and would be pleased to teach you how to bowl. We also have a 'social' group who play indoor bowls throughout the year on Monday afternoons. The Club is always in need of new members so give Michael a call on **01954 232346** for more information.

In February 2020 we are having a visit from a member of the BBC Springwatch team, Steve is the nest finder for the programme along with his four legged helper 'Buster'. Steve's goal was to find and climb to the nests of the Harpy, Crowned and Philippine Eagles – three of the largest forest eagles in the world.

Come to this presentation and you will find out if Steve has achieved his goal!

## Bar Hill Community Car Scheme

Offering low cost transport services to those who cannot drive or who have poor access to buses.

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## Highways Issue Reporting

Issues relating to roads, paths, drains, cycleways, bridleways, etc should be reported to the County Council

Please visit this website; <http://bit.ly/ccchighwaysFault>

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or visit [www.bodyinmotionpt.co.uk](http://www.bodyinmotionpt.co.uk)

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## BAR HILL COLTS

The Sharks are the Bar Hill Colts' most recent team and provide football in the village for girls and boys aged 5-7 (School Years 1 and 2).

We started in March this year and attract upwards of 15 kids for our regular Saturday 9-10am slot on the AstroTurf.

We put a lot of effort into providing a fun environment for the kids to play football in - probably best exemplified by their favourite drill being one we call "SpongeBob SquarePants"! - and encourage players to try their best with the award of a 'Star Player' trophy each week.

The children loved getting a taste of action in a couple of tournaments during summer and we are now gearing up to join the Under 7 league after Christmas, for those aged 6+. If your child is interested in joining the Sharks please contact us on **07960064472**. We are looking for a coach to take on the Year 1 children from after Christmas. If you are interested then please get in touch. Thanks. Pete. Ben and Daniel.





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Additionally we are a recognised agent for Max Card across East Anglia and work closely with Clip n Climb Cambridge on their SEND sessions.

Our membership is free.



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[www.spectrum.org.uk](http://www.spectrum.org.uk)

01223 955404

✉ [hello@spectrum.org.uk](mailto:hello@spectrum.org.uk)

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### Sports & Social Club Christmas/ New Year Opening Hours (Food)

Fri 20th 4pm to MIDNIGHT (4 - 10 pm)

Sat 21st 12pm to MIDNIGHT (4 - 10 pm)

Sun 22nd 12pm to 11pm (2 - 8 pm)

Mon 23rd 4pm to MIDNIGHT

Tue 24th 12pm to MIDNIGHT (2 - 8pm)

Wed 25th 12pm to 2pm

Thu 26th 12pm to 11pm (4 - 10pm)

Fri 27th 4pm to MIDNIGHT (4 - 10pm)

Sat 28th 12pm to MIDNIGHT (4 - 10pm)

Sun 29th 12pm-11pm (2 - 8pm)

Mon 30th 12pm-11pm

Tue 31st 12pm-1am (2 - 8pm)

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Thu 2nd - Normal Opening Resumed



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## WILLINGHAM SURGERY

Sai Narra is the new Pharmacist running Willingham Pharmacy, and brings with him a wealth of experience and knowledge. The change in Pharmacists has resulted in some small changes, and we would like to thank our patients for your understanding. Sai can offer advice on emergency contraception, private flu vaccines, pain management, travel advice, travel vaccines, emergency supply of medication and much more. We are delighted to be working with Sai and very excited about the future of Willingham Pharmacy.

### Doctorlink

Free, simple and easy to use, Doctorlink gives you 24/7 access to trusted medical advice and your GP services. Download the app today or visit [www.doctorlink.com](http://www.doctorlink.com) for further information.

### Repeat Prescriptions

The last date for ordering repeat prescriptions in time for the Christmas holidays is Friday 20th December. The last date for collection before the Christmas holidays is Tuesday 24th December by 1pm at Longstanton Surgery and 6:00pm at Willingham. The last date for New year will be Friday 27th and collection is no later than 6:00pm on the 31st. The surgeries will re-open as normal on 2nd January.

### Christmas Opening hours

Due to the closure on Boxing Day, Thursday 26th December, we will be offering a limited number of routine appointments from 7:20am on Friday 27th December.

## Christmas Lucky Squares

In aid of Magpas £1 each available from reception. Prizes (including food hampers) can be won. Good luck!

### Cambridgeshire Hearing Clinics

The next Clinics at Willingham are on 18-DEC, 15-JAN, & 19-FEB from 2:00pm-4:00pm. No appointment necessary!

### Acknowledgements

We would like to thank the friends and family of Mrs Askew and Mrs Barker for your very kind donations to the surgery in memory of your loved ones.

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## MAKING CONNECTIONS IN SOUTH CAMBS (OPEN ARMS)

There's thought to be 50,000 people at risk of loneliness in Cambridgeshire, so chances are some of them live near you. With winter approaching, life may get lonelier; we all tend to stay indoors for longer. For some people, ill health and bad weather may confine a greater number to their homes, the fear of falling in icy weather and darker nights mean they're too nervous to go out. Working neighbours may be out all day, so they'll see few people during the week.

Villages are great at keeping the community connected, though it's easy to overlook the impact of seasons. In winter, timing events or meetings in daytime, or providing door to door transport, can help to prevent isolation. Helping with shopping, especially bulkier items, gives an opportunity for a chat, or sharing a treat.

So, making connections, however small, can mean so much, whether it's smiling, chatting at the checkout, catching up



with friends by picking up the phone or contacting them through social media. Keeping connected by knowing what is happening in your



community gives a sense of belonging which improves wellbeing.

The Open Arms project supports action against loneliness if you have an idea that could help build connections in your community we can help you to make it happen.

Please contact us on:

**01954 211919** or via email at [sarah.b@care-network.org.uk](mailto:sarah.b@care-network.org.uk)



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[karen.cloudnine@gmail.com](mailto:karen.cloudnine@gmail.com)

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We do not play in any leagues so even if you have never played before do not be put off. Why not come along and join us on any Friday evening with your 1st session being free?

We look forward to welcoming you!

If you require any further details please contact Barbara on **01954 204171**.

## LOVE LIFE - SLIMMING WORLD

Join our warm and friendly group at Bar Hill School on Wednesday at 5:30pm or 7:30pm. Call Chris on 07779 287055.

## BAR HILL, A SOCIAL HISTORY

1949-2004 By Roger Hall

Copies are still available, priced £10, from Roger Hall, 11 Almond Grove

T: **01954 780 304** or M: **07986 415244**

## FEN DRAYTON LAKES

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Ever thought you'd like to know more about the reserve and its wildlife?

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book and it only costs £3 for members and £4 for others. Walkers meet at the main car park, leaving at 10.15am



Email: [fendraytonlakes@rspb.org.uk](mailto:fendraytonlakes@rspb.org.uk)

Phone: **01954 233260**

Visit: [rasp.org.uk/fendraytonlakes](http://rasp.org.uk/fendraytonlakes)

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01223 503259 | [office@cambridgevineyard.org.uk](mailto:office@cambridgevineyard.org.uk)



## BAR HILL CHILDMINDERS

We are home-based childcare professionals, offering the comfort of a home from home environment for your child to play, learn and progress through the Early Years curriculum. We can also offer outdoor experiences, day trips and attend local groups plus before/after school care.

We are Ofsted registered and inspected with 'Good' and 'Outstanding' inspection outcomes, are fully insured and all trained in Paediatric First Aid.

We run Little Bunnies toddler sessions, with fun activities and singing, for children 0-5 yrs with their parents/carers on Thursdays, term time only, in the Octagon, 9.45 - 11.15am, (£1.50 for one child under one, £2.50 for one child over one and £3.50 for 2 or more children) - come along and meet us! Some of our Childminders offer GOVERNMENT FUNDED places, 'Universal' and 'Extended' for 3 & 4 year olds (+ qualifying 2 year olds). The funded hours can be shared with your child's Pre-school/ Nursery. Below is a list of our Childminders - those who offer Government Funding have a letter 'F' before their name:

F	Kirsty	07584 168909	
F	Jacky	07718 447998	
F	Melanie	01954 204496	(spaces)
F	Terri	07846 018714	
F	Kirsten	07906 218070	
	Mandy	01954 204223	
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## **CAMBRIDGESHIRE HEARING HELP ARE LOOKING FOR VOLUNTEERS IN BAR HILL**

Cambridgeshire Hearing Help is a charity that provides NHS hearing aid maintenance and hearing loss information and advice in the heart of local communities. This work is a lifeline for those who face barriers to accessing mainstream audiology services because they are older, frail, have other disabilities and/or live in rural areas.

If you live in or around Bar Hill and are looking for an enjoyable volunteering role through which you can meet others, feel part of a supportive team (many of whom have shared experience of hearing loss) and enjoy the rewards of helping those in need in your local community, please do get in touch!

No experience is required as full training and support will be given. All you need is good dexterity and eyesight (with glasses).

[cambridgeshirehearinghelp.org.uk](http://cambridgeshirehearinghelp.org.uk)

Tel: **01223 416141**; Text: **07852 699196**

[enquiries@cambridgeshirehearinghelp.org.uk](mailto:enquiries@cambridgeshirehearinghelp.org.uk)

## **THE MAPLE SURGERY**

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Please be aware we DO NOT take prescription requests over the phone. Prescription requests can be emailed to

**[maplesurgery.repeats@nhs.net](mailto:maplesurgery.repeats@nhs.net)** or alternatively you can visit the surgery to request your prescription. For all other enquiries please email

[maplesurgery.enquiries@nhs.net](mailto:maplesurgery.enquiries@nhs.net) or contact the surgery on the number above.

Cambridge Hearing Help sessions are held on the 4th Tuesday of every month. These are free sessions for anyone needing advice on hearing loss.

## **RHYMETIME and STORYTIME**

Bring your little one to Rhymetime or Storytime for the opportunity to help them develop their speaking and listening skills. Sessions are free and there is no need to book. Come along and find out what your local library has to offer you.

Rhymetime for 0–3-year-olds is held on Tuesday afternoons. Share with your baby or toddler in singing rhymes, and meet other parents and carers.

Storytime for 3–7-year-olds is in the morning on the second Saturday each month. Bring your child to enjoy listening to stories, singing, and joining in a craft or colouring activity.

**Rhymetime:** Tuesdays 3, 10 and 17 December, and all Tuesdays in January from 2.15 to 2.45 p.m.

**Storytime:** Saturday 14 December and 11 January from 11 to 11.30 a.m.



# **Steve Jolley**

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## Health

In a world where stress is something we all experience, the emphasis has changed to include the importance of mental health to our overall wellbeing. Encouraged by high profile individuals like the Dukes of Cambridge and Sussex, it is becoming acceptable to talk about how we feel; to say when we feel anxious or depressed. To support individuals to take care of their mental health, Public Health England and the NHS have launched 'Every Mind Matters', a free online resource that shows people simple steps they can take to be better prepared for life's ups and downs. The platform allows you to create a personalised plan recommending self-care actions to deal with stress, improve sleep and help you feel more in control. <https://www.nhs.uk/oneyou/every-mind-matters/> On the subject of health, a reminder: please, if you are aged 40-74 and haven't yet had a free NHS health check, do make an appointment. These are funded by the County Council and appointments should be made through your GP.



<https://www.cambridgeshire.gov.uk/be-well/resources-and-campaigns/nhs-health-checks-programme/>

## Roads

Highways England's recent announcement that the 12 mile bypass to the south of Huntingdon will open to traffic on 09 December 2019 - a year ahead of schedule - is indeed good news. Everyone seems to agree that the A14 upgrade project is a remarkable feat of engineering but there is no doubt that Bar Hill has seen more than its share of challenges particularly recently as

work on this complex junction has intensified. I am grateful to the administrators of the **Bar Hill Drivers Facebook** page and members of that group for providing real time feedback on changes which I can follow up with the A14C2H team. The most effective way to report a highways fault on local roads is via the Council's website:

<https://www.cambridgeshire.gov.uk/residents/travel-roads-and-parking/roads-and-pathways/roadworks-and-faults/> but I will always follow up on any concerns raised with me as I've done recently for road and footpath issues in the vicinity of Hillcrest and the cycle path from Dry Drayton. The latter has been actioned; Hillcrest issues are being progressed.

## Energy

The first joint Cambridgeshire & Peterborough Corporate Energy Strategy has been approved by both councils. The vision is to secure renewable and resilient energy supplies and infrastructure to support local needs whilst maximising commercial benefit for both councils and their communities, and making best use of their combined assets to reduce carbon emissions and environmental impacts. <https://www.mlei.co.uk/climate&environment/corporate-energy-strategy/>

## Budget Priorities

The Council is consulting on priorities for its forthcoming budget setting process. 1,100 residents matching Cambridgeshire's demographic profile, have been selected for a face to face survey. This will investigate their appetite for such things as community involvement and their views on council tax. The survey has been published on the council's website at:

<https://www.cambridgeshire.gov.uk/council/finance-and-budget/business-plans/>  
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0800 280 2575 (Enquiries).



### **BAR HILL CRAFTS SHED**

Following the inaugural meeting of Crafts  
Shed in Tesco on the 17th October, we are  
pleased to  
report that the  
meeting met  
with a large  
response. We all  
met again on the  
13th November  
to move it along  
with 12



members attending. Several had sent their  
apologies. Since the inaugural meeting we  
have applied to become officially registered  
with the Mens Shed National Organisation.  
We are also in the process of applying for  
Charitable Status.

Currently we are in conversation with the  
Parish Council and Village Hall.

We will be using temporary accommodation  
until we can find a permanent home.

However, if there is a Company on Bar Hill  
who have any spare accommodation that  
they would be prepared to share for a  
modest rent then we would love to hear  
from you.

The following dates are proposed for future  
meetings Wednesday 11th December, 15th  
January.

Note the time is 10.00a.m. to 12 noon in the  
Octagon Meeting Room

For further information please contact:-

Chris Stannard **07711- 623425**

Chris Graham **07913 013920**

Email [c.e.stannard1@gmail.com](mailto:c.e.stannard1@gmail.com)

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## BAR HILL VILLAGE HALL

The hall was first built in 1974 for the use of people in the village as a social centre, place to meet and to hold educational and recreational classes for all residents.

The village hall is located just off The Spinney and offers the following;

- Conference Facilities;
- Seminars;
- Committee/Meeting Rooms;
- Training Days;
- Exam Sessions;
- Wedding Receptions;
- Birthday Celebrations;
- Charity Events;
- Children's Parties;
- Jumble Sales;
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If you wish to book any of these facilities, or to get more information, please call 01954 782414 and leave a message. We'll call back within 24 hours (Monday to Friday). Alternatively you can email us at: [barhill.villagehall@btconnect.com](mailto:barhill.villagehall@btconnect.com), or visit our brand new website at: [barhillvillagehall.com](http://barhillvillagehall.com)

And finally a special thank you to everyone who attended our Annual General Meeting on November 14th.

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# SPECTRUM



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**Former South Cambridgeshire MP**  
**HEIDI ALLEN**

**Dear all,**

I wanted to write and extend a fond farewell and a heartfelt thank you for four and a half wonderful years as your Member of Parliament.

I have been so proud of the vibrant, open, welcoming local communities who have shared a myriad of local successes and events with me and my husband Phil. We really do live in one of the best places in the world and it has been a privilege to create so many wonderful memories with you. I could never have dreamt that being sawn in half at the Cambourne Christmas Lights Switch On or being put in the medieval stocks at Hinxton could be so much fun! And who knew I could be so successful at village fetes – I literally cleaned up at the Eltisley tombola; opened with a rock band at Bar Hill; won the Tug of War with the ladies team at Meldreth and arrived at Whaddon in a vintage Bentley. I can't claim quite so much success at Thriplow Daffodil Festival, where I managed to confuse the category of Best Puppy with Dog that Looks Most Like its Owner! You are a very forgiving bunch. Race starting became something of a hobby and I was lucky enough to be invited to wave the flag at Cambourne, Caldecote, Great Chishill and the brilliant Duxford Soap Box Derby twice. A definite highlight was helping to "top out" the new Royal Papworth hospital, while a low was probably during the Steeple Morden Steam Engine Rally when I innocently told the crowd that my husband 'likes to get on something hot and dirty at the weekend' – I'm not sure I ever lived that one down!

I've been privileged to see first-hand the exceptional efforts of our public service workers as they go about their duties with dedication and brilliance. I've loved spending a night on duty with the bed team at Addenbrookes; going out on shift with our exceptional police, fire and ambulance crews; cutting open a car with the Duxford fire crew to test new equipment and I was extremely proud to welcome the Prime

Minister to the Genome Campus to showcase the ground-breaking work that takes place here.

I've laughed out loud at the contributions made by primary and secondary school pupils during my dozens of school visits and have been humbled and inspired by the pupils and teachers within our schools. On my final day, I was especially proud to hand GCSE certificates out to Cottenham Village College's latest cohort; celebrated like I'd won the lottery when Guilden Morden Primary turned itself around for Ofsted and probably enjoyed Elsworth Pre-School's cocktail night a little too much...hic!

South Cambs certainly knows how to party and I was lucky enough to watch the Hare and Hounds in Harlton coming back to life; Fen Drayton's Call my Wine Bluff and Queen Edith's RNLI superb Brass Band Concert. I dusted off my landlady skills at the Shelford Feast, pulling pints but my team and I failed miserably at Caxton's Village Hall Quiz Night...perhaps the cheese and wine may have distracted us somewhat! I loved giving Litlington residents a taste of my Desert Island Disc selections and who could forget me being beaten by Simon Saggars, the Green candidate in a hustings at Comberton VC!

I have so many special memories and it's just not possible to document them all here. Truly, it has been the greatest privilege to serve the people and communities of South Cambridgeshire. Thank you to everyone who shared a kind word, a thoughtful comment or a grey cell stretching learning. It has been a huge honour. To all the brilliant people of South Cambs – thank you for a wonderful four and a half years and for allowing Phil and I to build our life here. All our love, Heidi and Phil x





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## BLUE BIN SIDE WASTE

If you have extra recycling that needs to go out with your blue bin South Cambs DC in order to ensure it's collected please;

- Secure cardboard (tape or tie together) in one bundle which would fit inside the bin with the lid closed if there were space. Please don't leave it out in the rain!
- Put other recycling in one transparent sack. No black sacks
- Put any glass bottles and jars inside your bin, not the sack, for safety reasons
- If you always need to put out extra recycling, order a free extra blue bin via the South Cambs website



Hopefully this guidance will be useful in the run-up to Christmas which is the time of the year when a lot of additional waste is generated!

## Surplus Christmas Decorations?

If you have any Christmas decorations, balloons, or glitter that are surplus to requirements?

If so Bar Hill Primary School reception class would love to have them!

Please deliver to Jo Hall, 11 Almond Grove (01954 780304). Thank you!

## FOR SALE: Ikea Karlaby Sofa-bed

Dark blue, great condition, with assembly instructions. £40 ono. **07878 651022**

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## Approved football training for kids aged 18 months to their 7th birthday.

Classes at Bar Hill Village Hall.

For information, or to arrange a free taster class, contact Ashley on **07928 765121**;

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W: [www.littlekickers.co.uk](http://www.littlekickers.co.uk)

Facebook: <https://fb.me/>

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**CAMBRIDGESHIRE  
FIRE & RESCUE SERVICE**  
*Working together to improve community safety*

**Christmas is approaching! The time of year when we're enjoying a tipple with friends, cooking up festive feasts for the family and entertaining loved ones. With all the fun to be had it is easy to be distracted when cooking in the kitchen.**

50 per cent of all fires in the home start in the kitchen and more than half of those are as a result of distraction whilst cooking.

We want to help ensure your festive cheer doesn't go up in smoke this Christmas by sharing our tips below for safe cooking over the festive season:

Never leave cooking unattended

Do not cook when tired or under the influence of alcohol, drugs or medication that makes you drowsy

Regularly clean the grill pan and oven. Built up fat can easily catch fire

Never leave anything cooking if you leave the house

Do not leave anything flammable on or near the hob – tea towels, oven gloves and even washing baskets can catch fire

Take care when using microwaves. Fires can start when people put food in too long.

Oven chips or temperature control deep fat fryers are safer than using a chip pan. If you do use a chip pan, do not fill it more than

one third with fat and turn the heat down if the oil starts smoking

Fire can break out in household appliances so you should regularly maintain dishwashers, washing machines and driers, never leave them on if you go out or go to bed and register your appliances online to ensure you are made aware of any faults or recalls

Have a working smoke alarm on each floor of your home. If it keeps going off when you are cooking it is probably in the wrong location or you may have the wrong type of smoke alarm

Never take the batteries out of your smoke alarm.

**If you do have a fire in the house, get out, stay out and dial 999.**

### **Bar Hill Library 30th Anniversary**

Bar Hill Library will be 30 years old this December, and to celebrate we are

launching a children's competition.

For children aged 7 and under: Please

draw us a picture showing what the Library means to you.

For older children (up to 16) please write a book review of your favourite book.

Entry forms available from the Library Desk and from Bar Hill School.

Deadline for entries: Saturday 11th January. Prizes for the winners.



## **NOT TOO NEAR, NOT TOO FAR FOR INDEPENDENT FINANCIAL ADVICE**

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# DECEMBER PUZZLES AND GAMES

DECEMBER 2019

BHm 1219

A	C	E	E	R	S	N	D	E
A	T	E	E	T	I	N	G	S
B	E	T	F	I	R	N	G	S
C	E	L	G	R	E	R	E	I
C	K	I	H	E	M	R	R	Y
C	R	A	H	L	E	S	T	O
D	I	T	I	O	N	T	L	E
E	B	R	M	I	S	T	O	E
E	P	L	N	B	E	T	R	A

	E			L	E	H		
	E		E				T	
	R		N				R	
	I						C	
	R					N		
	I				E			
	E			D				
	T		C					
	R		D	I	T	I	O	

**AIM:** Place the '27 three character tiles' on the left to the CORRECT spaces on the right. Words relate to CHRISTMAS/ NEW YEAR, contain 9 letters horizontally in alphabetical order.

## THE ALLOTMENT SOCIETY

Are you interested in growing your own vegetables, fruit or flowers? Why not try an allotment?



**Call Jeni, our Plot Allocator, on 07979 351119 for further information.**

C	A	L	A	M	A	N	C	O
C	R	I	N	O	L	I	N	E
G	A	B	E	R	D	I	N	E
H	A	I	R	C	L	O	T	H
O	R	G	A	N	Z	I	N	E
P	E	T	E	R	S	H	A	M
S	A	I	L	C	L	O	T	H
S	T	O	C	K	I	N	E	T
T	O	W	E	L	L	I	N	G

1		2		3		4		5
6								
7		8				9		
10								

**Across:** 1&10.traditional words on card for 25thDec. 6.-----of the Magi. 7.someone perfect, 5&4.

**Down:** 1.paint etc. 2.Spanish for river. 3.a clear night. 4.a French month. 5. carol-----  
8.the day before. 9.desire-for money

## November Crossword Solution:

**Across:** 1.sparklers. 6.Guy Fawkes. 7.enraptures. 10. tiredness.

**Down:** 1.suggest. 2.any. 3.knapped. 4.elk. 5.systems.8.Rur. 9.Ure



## GIRLGUIDING IN BAR HILL

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An archive exhibition featuring highlights  
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the eminent bacteriologist, haematologist  
and Regius Professor of Physic at the  
University of Cambridge.

Sir Lionel Whitby served in both World Wars,  
being awarded the Military Cross in 1917  
and commanding the Army Blood  
Transfusion Service in WW2. He was a  
respected pathologist whose research  
identified the activity of sulphapyridine in the  
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1928 and the Prime Minister, Winston  
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## Upcoming Events

Date	Event	Pag	Where	Time
Dec 2	Happy Hours: Christmas Arts and Crafts	11	Octagon	11:00
Dec 6	PTA: Personalised Letter from Santa Deadline			
Dec 7	Christmas Market	1	Church	10:30
Dec 7	Italian Food Night	5	Sports & Social	
Dec 10	Health & Wellbeing Club	10	Tesco	14:00
Dec 11	Wildlife Trust: An Evening with Mike Dilger	11		19:30
Dec 11	Bar Hill Fete Meeting	12	Sports & Social	19:30
Dec 11	Bar Hill Crafts Shed	33	Octagon	10:00
Dec 12	NWR: Bag Lady	10	TBC	20:00
Dec 14	Olive Tree Bereavement Support Group	6		10:30
Dec 14	Storytime	31	Library	11:00
Dec 15	Christmas Cafe	29	Village Hall	10:00
Dec 20	Xmas Raffle	5	Sports & Social	19:30
Dec 24	Disco	5	Sports & Social	20:00
Dec 28	Bar Hill Twixmas Party	16	Octagon	13:30
Dec 31	Disco	5	Sports & Social	20:00
Dec 31	Last Man Standing	5	Village Hall	18:00
Jan 2	NWR: Anti-Bucket List	10	TBC	20:00
Jan 6	Happy Hours: Bingo and a Quiz	11	Octagon	11:00
Jan 9	Wildlife Trust: Fascinating Fungi	11		19:30
Jan 11	Storytime	31	Library	11:00
Jan 14	Health & Wellbeing Club	10	Tesco	14:00
Jan 15	Bar Hill Crafts Shed	33	Octagon	10:00
Jan 16	NWR: Royal Consorts	10	TBC	20:00
Jan 23	Royal British Legion	10	Octagon	19:30
Jan 28	Bar Hill Book Club	15	Sports & Social	19:30
Jan 30	NWR: Future of Women's Organisations	10	TBC	20:00

Day	Event	Pag	Where	Time
Fri	Indoor Carpet Bowls (Term Time Only)	28	See page	19:30
Mon	Sing It Out/ Community Choir	3	Octagon	19:30
Thur	Knit & Natter	6	Octagon	1:15
Tues	Rhymetime	31	Library	2:15
Wed	Coffee Stop	6	Library	10:00
Wed	Art Group	6	Octagon	13:30
Wed	Bar Hill Health Walks	5	Doctors	10:30
Wed	Wednesday Wander (11 Dec & 8 Jan)	28		10:15
Wed & Fri	Playpals Baby and Toddler Group (Term Time)	17	Octagon	9:45

**Comments? Questions? Anything you'd like to see? Anything you don't think is particularly useful?**

**Please fill in our survey; <http://bit.ly/BHNSurvey>**

